

## SHORT COMMUNICATION

# A metabolic hypothesis for the evolution of temperature effects on the arterial $P_{\text{CO}_2}$ and pH of vertebrate ectotherms

Stanley S. Hillman<sup>1</sup> and Michael S. Hedrick<sup>2,\*</sup>**ABSTRACT**

Body temperature increases in ectothermic vertebrates characteristically lead to both increases in arterial  $P_{\text{CO}_2}$  ( $P_{\text{aCO}_2}$ ) and declines in resting arterial pH (pHa) of about 0.017 pH units per 1°C increase in temperature. This ‘alphastat’ pH pattern has previously been interpreted as being evolutionarily driven by the maintenance of a constant protonation state on the imidazole moiety of histidine protein residues, hence stabilizing protein structure–function. Analysis of the existing data for interclass responses of ectothermic vertebrates shows different degrees of  $P_{\text{aCO}_2}$  increases and pH declines with temperature between the classes, with reptiles>amphibians>fish. The  $P_{\text{aCO}_2}$  at the temperature where maximal aerobic metabolism ( $\dot{V}_{\text{O}_2,\text{max}}$ ) is achieved is significantly and positively correlated with temperature for all vertebrate classes. For ectotherms, the  $P_{\text{aCO}_2}$  where  $\dot{V}_{\text{O}_2,\text{max}}$  is greatest is also correlated with  $\dot{V}_{\text{O}_2,\text{max}}$ , indicating there is an increased driving force for  $\text{CO}_2$  efflux that is lowest in fish, intermediate in amphibians and highest in reptiles. The pattern of increased  $P_{\text{aCO}_2}$  and the resultant reduction of pHa in response to increased body temperature would serve to increase  $\text{CO}_2$  efflux,  $\text{O}_2$  delivery and blood buffering capacity and maintain ventilatory scope. This represents a new hypothesis for the selective advantage of arterial pH regulation from a systems physiology perspective in addition to the advantages of maintenance of protein structure–function.

**KEY WORDS:**  $P_{\text{aCO}_2}$ , Blood acid–base balance, Alphastat, Temperature

**INTRODUCTION**

Body temperature influences blood acid–base balance in a very predictable pattern in ectothermic vertebrates, with a decrease of about 0.017 pH units per 1°C increase in temperature (Howell et al., 1970; Reeves, 1972). The regulation of ventilation with temperature has been proposed as a mechanism to regulate arterial  $P_{\text{CO}_2}$  ( $P_{\text{aCO}_2}$ ) and thus arterial pH (pHa) with temperature changes in ectotherms (Glass et al., 1985). In most ectotherms studied, increased ventilation does not match the temperature-induced increase in metabolism, and this relative hypoventilation leads to an increase in  $P_{\text{aCO}_2}$  that decreases pHa from the generation of carbonic acid. Interestingly, this pattern parallels the effect of temperature variation on the pH of water. The rate of change in pH for both water and pHa is about  $-0.017$  pH units  $^{\circ}\text{C}^{-1}$ , and because the arterial blood of ectotherms is about 0.6 pH units greater than that of water at any

temperature, the phenomenon was frequently referred to as maintaining ‘relative alkalinity’ (Rahn, 1967), and the regulatory process to achieve this as ‘alphastat pH regulation’ (Reeves, 1972). The prevailing hypothesis for the advantage of alphastat pH regulation is maintenance of a constant ratio of  $\text{OH}^-$  to  $\text{H}^+$  despite variation in pH. This alphastat pH pattern maintains a constant fractional protonation state on the imidazole moieties of histidines in proteins (Reeves, 1972, 1977). This has been argued to better maintain protein structure and function and preserve cellular function with varying body temperatures.

Reeves’ (1972, 1977) hypothesis for alphastat regulation of blood pH suggests that ventilation, and thus  $P_{\text{aCO}_2}$ , is regulated to maintain a constant fractional dissociation of histidine imidazole residues on proteins. This hypothesis implies that the change in pH with temperature is regulated to equal the change in the pK with temperature of the imidazole buffer system, which is about  $-0.018$  to  $-0.024$  U  $^{\circ}\text{C}^{-1}$  (Edsall and Wyman, 1958). Although there is some support for the alphastat hypothesis for regulation of blood pH in ectotherms, there are several studies showing that the change in blood pH with temperature is significantly lower than the change in pK with temperature required for alphastat pH regulation (see Glass et al., 1985). Thus, although alphastat regulation is an attractive hypothesis for explaining the pattern of blood pH regulation in ectotherms, Cameron (1989) pointed out that as a realistic predictor of protein behavior, alphastat needs to be revised to accommodate both advances in protein chemistry and the evident heterogeneity of physiological findings. The pattern of increased  $P_{\text{aCO}_2}$  and decreased pHa with increasing temperature has also been interpreted as a means of depressing metabolism via ventilation during bouts of torpor or hibernation in both endotherms and ectotherms (Malan, 2014).

Given the heterogeneity of the physiological data and in an attempt to provide an integrative metric of organismal function, we present an argument for the consideration of an organ system-level advantage related to  $\text{O}_2$  and  $\text{CO}_2$  fluxes during periods of increased aerobic demands associated with both increased temperature and increased activity for an increase in the regulated  $P_{\text{aCO}_2}$  and consequential decrease in pHa with increases in temperature. Standard and maximal rates of aerobic metabolism of all ectotherms are temperature sensitive, with a range of  $Q_{10}$  values of about 1.5–3 (Hedrick et al., 2015). Maximal rates of aerobic metabolism during activity at an organ-system level reflect the maximal rates of oxygen delivery to working muscle and the maximal rates of  $\text{CO}_2$  removal from working muscle to the environment. The cardiovascular system is the principal limitation to maximal oxygen delivery in vertebrates (Hillman et al., 2013), whereas the respiratory system appears to be the principal limitation to  $\text{CO}_2$  efflux in ectotherms (Hillman et al., 2013; Hedrick et al., 2015). Consequently, co-adaptations that enhance the capacity for both  $\text{O}_2$  delivery and  $\text{CO}_2$  efflux will enhance aerobic metabolic capacity.

There is a shift in  $P_{\text{aCO}_2}$  and pH regulation in the evolutionary transition from fish to amphibians and reptiles associated with the

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differences in O<sub>2</sub> and CO<sub>2</sub> capacitances of water and air (Dejours, 1975). Fish primarily regulate pH across their gills via ion exchangers (Na<sup>+</sup>/H<sup>+</sup>, Cl<sup>-</sup>/HCO<sub>3</sub><sup>-</sup>) but CO<sub>2</sub> is exchanged by diffusion (Heisler, 1986). Amphibians and reptiles primarily achieve pH regulation via ventilatory regulation of Pa<sub>CO<sub>2</sub></sub>. From an organismal metabolic perspective, how might an alaphstat pH pattern of reduced pH and increased Pa<sub>CO<sub>2</sub></sub> increase O<sub>2</sub> delivery and CO<sub>2</sub> removal with increases in temperature? We suggest that: (1) the regulated hypoventilation-associated increase in temperature would preserve ventilatory capacity; (2) the resultant increase in Pa<sub>CO<sub>2</sub></sub> would increase the driving force for CO<sub>2</sub> efflux; (3) the increase in Pa<sub>CO<sub>2</sub></sub> would increase HCO<sub>3</sub><sup>-</sup> and buffering capacity of the blood; and (4) the decrease in pHa would increase the delivery of O<sub>2</sub> (Bohr effect) and the efflux of CO<sub>2</sub> (Haldane effect) both at rest and during activity with increased body temperature.

If increasing the regulated Pa<sub>CO<sub>2</sub></sub> with increased body temperature is selectively advantageous for enhancing organ system gas exchange, there are a variety of predictions that might follow: (1) increased temperature should increase Pa<sub>CO<sub>2</sub></sub> and decrease pHa within the different classes of ectothermic vertebrates, and (2) interclass variation of the Pa<sub>CO<sub>2</sub></sub> responses to temperature should correlate with interclass variation of the aerobic metabolic capacity. If these predictions hold, it suggests that there may be an alternative or additional evolutionary explanation to protein structure–function driving the evolution of this alaphstat pH pattern of changes in Pa<sub>CO<sub>2</sub></sub> and pH with temperature.

## MATERIALS AND METHODS

Venous P<sub>CO<sub>2</sub></sub> (P<sub>VCO<sub>2</sub></sub>) directly reflects the actual driving force for CO<sub>2</sub> diffusional efflux across the respiratory surface, assuming that alveolar P<sub>CO<sub>2</sub></sub> remains the same. The difference between P<sub>VCO<sub>2</sub></sub> and Pa<sub>CO<sub>2</sub></sub> is small at rest and in many cases they are almost indistinguishable, but resting Pa<sub>CO<sub>2</sub></sub> represents a minimal estimate of the potential driving force across the respiratory surface. There are more data available for resting Pa<sub>CO<sub>2</sub></sub> than for P<sub>VCO<sub>2</sub></sub>; thus, we have used resting Pa<sub>CO<sub>2</sub></sub> values throughout in our analysis. Although using resting Pa<sub>CO<sub>2</sub></sub> may underestimate the actual driving force for CO<sub>2</sub> efflux, especially during activity, increases in Pa<sub>CO<sub>2</sub></sub> clearly reflect physiologically regulated increases in the net driving force for P<sub>CO<sub>2</sub></sub> efflux.

To evaluate the consistency of both blood pH (pHa) and Pa<sub>CO<sub>2</sub></sub> with temperature for each group of ectotherms, we have used the summary data of Ultsch and Jackson (1996), which primarily selected data based on cannulated sampling rather than heart

punctures for resting animals. Data for Pa<sub>CO<sub>2</sub></sub> of resting mammals and birds were taken from Lahiri (1975), Tenney and Boggs (1986), Gleason and Brackenbury (1984), Cushing and McClean (2010), Murrish (1983), Ponganis et al. (2007), Peters et al. (2005) and Scott and Milsom (2007).

Metabolic data (resting and maximal) for each class were taken from the summaries within Hedrick et al. (2015). Aerobic generation of CO<sub>2</sub> is the result of aerobic metabolism and its efflux can be quantified as the product of conductance and the driving force for CO<sub>2</sub> (i.e. G<sub>CO<sub>2</sub></sub> × ΔP<sub>CO<sub>2</sub></sub>). Our hypothesis is that the increase in Pa<sub>CO<sub>2</sub></sub> with temperature reflects an increase in the physiologically regulated driving force for CO<sub>2</sub> efflux. Consequently, to test whether the Q<sub>10</sub> for the rate of resting CO<sub>2</sub> efflux parallels the Q<sub>10</sub> for the P<sub>CO<sub>2</sub></sub> driving force, we calculated the ratio of resting Pa<sub>CO<sub>2</sub></sub> at different temperatures. We used the resting Pa<sub>CO<sub>2</sub></sub> regressions, summarized in Figs 1 and 2, to determine the ratio of Pa<sub>CO<sub>2</sub></sub> differences between two temperatures, analogous to the calculation of Q<sub>10</sub> for reaction rates [i.e. (Rate 2/Rate 1)<sup>10/(T<sub>2</sub>-T<sub>1</sub>)</sup>] or (Pa<sub>CO<sub>2</sub></sub> at T<sub>2</sub>/Pa<sub>CO<sub>2</sub></sub> at T<sub>1</sub>)<sup>10/(T<sub>2</sub>-T<sub>1</sub>)</sup> (see Jackson, 1978).

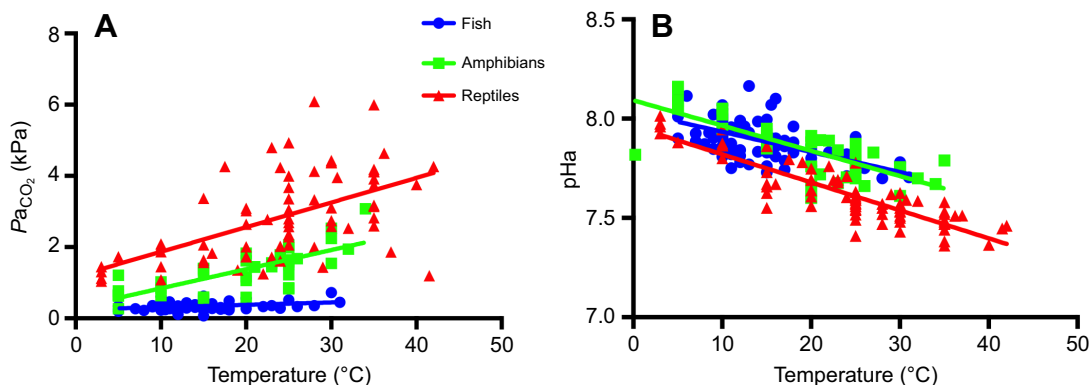
Least squares regression was used to determine slopes and significance using Prism v.5 (Graphpad software, Inc. La Jolla, CA, USA).

## RESULTS AND DISCUSSION

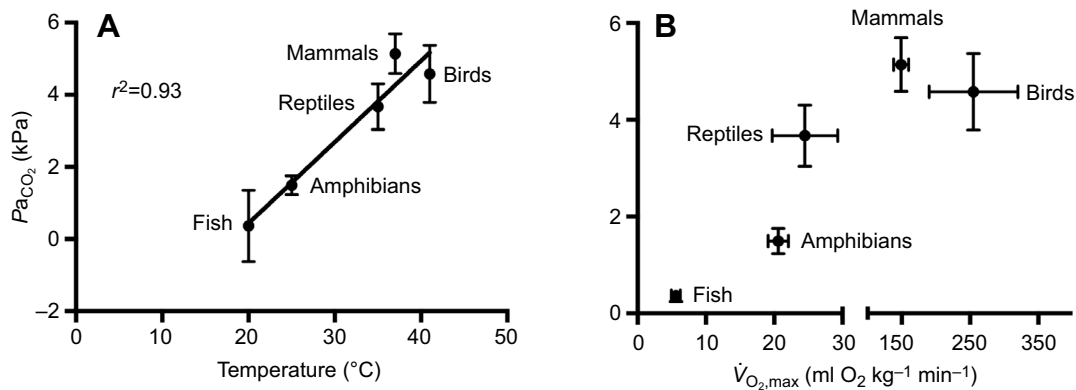
There were significant increases in resting Pa<sub>CO<sub>2</sub></sub> with increased temperature for fish [*F*<sub>1,58</sub>=7.1; *P*=0.0098; Pa<sub>CO<sub>2</sub></sub> (kPa)=0.0067±0.002°C+0.246, *r*<sup>2</sup>=0.11], amphibians [*F*<sub>1,38</sub>=51.1; *P*<0.0001; Pa<sub>CO<sub>2</sub></sub> (kPa)=0.0538±0.008°C+0.0305, *r*<sup>2</sup>=0.57], and reptiles [*F*<sub>1,68</sub>=29.8; *P*<0.0001; Pa<sub>CO<sub>2</sub></sub> (kPa)=0.0691±0.013°C+1.18, *r*<sup>2</sup>=0.30] (Fig. 1A). The slope of this relationship for fish, although significant, was about 10-fold lower than the slope for amphibians or reptiles. This would be expected given the low Pa<sub>CO<sub>2</sub></sub> in fish due to the high CO<sub>2</sub> capacitance in water.

There was a significant effect of temperature (*P*<0.0001) on resting blood pH for fish (*F*<sub>1,90</sub>=39.6; pHa=8.04–0.010±0.002°C, *r*<sup>2</sup>=0.31), amphibians (*F*<sub>1,44</sub>=70.0; pHa=8.09–0.013±0.002°C, *r*<sup>2</sup>=0.61), and reptiles (*F*<sub>1,78</sub>=258; pHa=7.96–0.014±0.001°C, *r*<sup>2</sup>=0.77) (Fig. 1B). Taken together, these results are consistent with a resting CO<sub>2</sub>-mediated decrease in blood pH with increasing body temperature.

At any particular temperature, Pa<sub>CO<sub>2</sub></sub> for reptiles was approximately double that of amphibians, and Pa<sub>CO<sub>2</sub></sub> for amphibians was 3–4 times that of fish (Fig. 1A). The elevated



**Fig. 1. Effects of temperature on resting arterial P<sub>CO<sub>2</sub></sub> (Pa<sub>CO<sub>2</sub></sub>) and resting arterial blood pH (pHa) for fish, amphibians and reptiles.** A summary of data from Ultsch and Jackson (1996) of the effects of temperature on (A) Pa<sub>CO<sub>2</sub></sub> and (B) pHa. Individual symbols are means for between 1 and 21 studies at that temperature and lines are least square regressions for each class. Fish: *n*=60 for Pa<sub>CO<sub>2</sub></sub>, *n*=92 for pHa; amphibians: *n*=40 for Pa<sub>CO<sub>2</sub></sub>, *n*=46 for pHa; reptiles: *n*=70 for Pa<sub>CO<sub>2</sub></sub>, *n*=80 for pHa.



**Fig. 2. Relationship between  $P_{aCO_2}$  and temperature and  $\dot{V}_{O_{2,max}}$ .** (A) The effects of temperature on resting  $P_{aCO_2}$  (Ultsch and Jackson, 1996) at the temperature where  $\dot{V}_{O_{2,max}}$  is greatest for each class of vertebrate (from Hedrick et al., 2015). (B) The relationship between  $\dot{V}_{O_{2,max}}$  at the temperature where it is greatest (from Hedrick et al., 2015) and resting  $P_{aCO_2}$  (Ultsch and Jackson, 1996). Values in A and B are means and 95% confidence interval. Note the break in the x-axis in B to accommodate the range of values for the vertebrate classes.

$P_{aCO_2}$  of reptiles would therefore account for the lower pH for this group at any body temperature (Fig. 1B).

The temperature at which  $\dot{V}_{O_{2,max}}$  occurs is lowest in fish (20°C), intermediate in amphibians (25°C) and reptiles (35°C), and highest in mammals and birds (see fig. 4 of Hedrick et al., 2015). The temperature at which resting  $P_{aCO_2}$  corresponds with  $\dot{V}_{O_{2,max}}$  for five vertebrate classes (Hedrick et al., 2015) is presented in Fig. 2A. There was a significant, linear relationship ( $P < 0.0077$ ;  $r^2 = 0.93$ ) between  $P_{aCO_2}$  and the temperature at which  $\dot{V}_{O_{2,max}}$  occurs, indicative of an increased driving force for  $CO_2$  efflux with increased temperature at  $\dot{V}_{O_{2,max}}$  for these vertebrate groups.

The relationship between  $\dot{V}_{O_{2,max}}$  and  $P_{aCO_2}$  where  $\dot{V}_{O_{2,max}}$  occurs for all vertebrate groups is presented in Fig. 2B. Resting  $P_{aCO_2}$  increased with the greatest  $\dot{V}_{O_{2,max}}$  for the ectothermic classes, but was independent of  $\dot{V}_{O_{2,max}}$  in the endothermic classes. A plateau of approximately 5 kPa  $P_{aCO_2}$  seems to occur for vertebrates in general; reptiles at 35°C are near this apparent plateau.

### Enhancing ventilatory scope

Our analysis of the resting  $P_{aCO_2}$  patterns with temperature in fish, amphibians and reptiles (Fig. 1) revealed that, at a given temperature, resting  $P_{aCO_2}$  is greatest in reptiles, intermediate in amphibians and lowest in fish. There were significant increases in resting  $P_{aCO_2}$  with temperature in all three groups. The alveolar ventilation ( $\dot{V}_A$ ) equation predicts alveolar  $P_{CO_2}$ , and thus  $P_{aCO_2}$ , to be inversely related to the air convection requirement (ACR) ratio in air-breathing ectotherms (i.e.  $\dot{V}_I/\dot{V}_{O_2}$  or  $\dot{V}_E/\dot{V}_{O_2}$ , where  $\dot{V}_I$  and  $\dot{V}_E$  are inspiratory and expiratory ventilation, respectively) and the increased  $P_{aCO_2}$  (and decreased pH) with temperature can be explained by an unequal response of minute ventilation ( $\dot{V}_I$  or  $\dot{V}_E$ ) relative to metabolism. This approach would also apply to fish, substituting water for air. The hypoventilation (decreasing  $\dot{V}_A$ ) will increase the ventilatory scope available during activity. Assuming consistent interclass  $Q_{10}$  effects on metabolism, the magnitude of the hypoventilation can be estimated as  $\dot{V}_A = 1/P_{aCO_2}$ . The mean decrease in  $\dot{V}_A$  for the temperature intervals from 10 to 20°C and 20 to 30°C for fish is 16%, for amphibians 34%, and for reptiles 24%. This estimate reflects the potential increase in ventilatory scope available to enhance gas exchange with activity compared with that obtained if these groups maintained a constant ACR and pH. Although the alaphostat hypothesis implies that the reduced ACR with increased temperature is necessary to maintain a constant

fractional dissociation of imidazole residues, we suggest that the reduced ACR with temperature may also be important for preserving ventilatory capacity with increased metabolism associated with both temperature and activity.

There are additional arguments that support this hypothesis. First, the pattern of pH regulation we observed for fish, amphibians and reptiles in this study does not fit the traditional alaphostat hypothesis proposed by Reeves (1972). The slopes for the change in pH with temperature for the air-breathing ectotherms, amphibians ( $-0.013$  U  $^{\circ}C^{-1}$ ) and reptiles ( $-0.014$  U  $^{\circ}C^{-1}$ ) were about 25–30% lower than the approximate  $-0.017$  U  $^{\circ}C^{-1}$  required for alaphostat regulation, and similar to the values found previously for a number of reptile species (Glass et al., 1985). Second, previous work in reptiles has shown that  $\dot{V}_I$  or  $\dot{V}_E$  increases about 3- to 4-fold with a temperature increase from 10 to 30°C whereas  $\dot{V}_{O_2}$  increases 6- to 7-fold over the same temperature range (Funk and Milsom, 1987; Glass et al., 1985). This is the basis for the reduced ACR, but if minute ventilation were matched to metabolism, thus maintaining a constant  $P_{aCO_2}$  and pH (i.e. pH stat regulation), the resulting increase in minute ventilation would leave less scope for further increases with increased temperature or during bouts of activity as described above. We showed previously (Hillman et al., 2013) that at maximal exercise,  $CO_2$  extraction at the respiratory surface increases significantly in all vertebrates, and the ratio of  $\dot{V}_I$  to blood flow at the respiratory surface increases about 3-fold to support the increase of  $CO_2$  extraction at  $\dot{V}_{O_{2,max}}$ . This requires a ventilatory capacity from rest to activity to support the increased  $CO_2$  extraction to maintain maximal  $CO_2$  efflux. Even with this level of ventilatory increase,  $P_{aCO_2}$  increases at  $\dot{V}_{O_{2,max}}$  in fish and amphibians, indicating that ventilation does not keep pace with the needs for  $CO_2$  efflux (Hillman et al., 2013).

### Enhancing Bohr and Haldane effects

The relative hypoventilation with increased  $P_{aCO_2}$  and reduced pH pattern also takes advantage of Haldane and Bohr effects for increasing  $CO_2$  and  $O_2$  transport, respectively, with increased temperature. The delivery of  $O_2$  from hemoglobin (Hb) is influenced by the decline in arterial pH as  $O_2 + Hb \leftrightarrow HbO_2 + H^+$ ; hence, by mass action, an increase in  $[H^+]$  at the tissue level (from elevated  $P_{CO_2}$  and lactic acid) favors unloading of Hb (Bohr effect) and enhanced  $O_2$  delivery at the muscle. The increase in  $[H^+]$  also enhances the uptake of  $CO_2$  at the tissue as a consequence of the

formation of carbamino  $\text{CO}_2$  on the Hb molecule (Haldane effect). The increase in  $[\text{H}^+]$  also favors the release of  $\text{CO}_2$  at the respiratory surface by mass action from the following reaction:  $\text{H}^+ + \text{HCO}_3^- \leftrightarrow \text{H}_2\text{O} + \text{CO}_2$ . The advantages of the Haldane and Bohr effects for gas transport would not be fully realized without the regulated increase of  $P_{\text{aCO}_2}$  and reduced pHa in ectotherms. Although the increase in  $P_{\text{aCO}_2}$  and  $\text{CO}_2$  efflux is due, in part, to adjustments in the ACR, the impact on  $\text{O}_2$  transport is primarily caused by the right shift of the  $\text{O}_2$  dissociation curve with increased temperature and reduced pH (Bohr effect), and its interaction with intracardiac shunts that increase  $P_{\text{aO}_2}$  and systemic  $\text{O}_2$  transport. Taken together, we suggest that the regulated hypoventilation relative to metabolism provides several identifiable benefits to systems gas transport independent of any effects on alaphastat pH regulation.

### Enhancing the $\text{CO}_2$ efflux driving force

As indicated above,  $\text{CO}_2$  efflux is the product of  $G_{\text{CO}_2}$  and  $\Delta P_{\text{CO}_2}$ . In order to increase  $\text{CO}_2$  efflux with increased metabolic demands, either or both of these variables can be increased. For resting animals, the temperature-mediated ratios for the relationship of  $P_{\text{aCO}_2}$  with temperature are 1.2 for fish, 1.5–1.9 for amphibians and 1.2–1.4 for reptiles, all generally lower than the  $Q_{10}$  values of 2–3 for standard and maximal metabolism (see summary in Hedrick et al., 2015). This indicates that changing the driving force for  $\text{CO}_2$  efflux by raising  $P_{\text{aCO}_2}$  does not explain an intraclass limitation on  $\dot{V}_{\text{CO}_2}$  with changes in temperature and, instead, suggests the potential for co-adaptations in respiratory conductance and/or ventilatory capacity. Based on the resting  $P_{\text{aCO}_2}$  values in Fig. 1A, the driving force for  $\text{CO}_2$  efflux is increased 42% for fish, 128% for amphibians and 73% for reptiles with body temperature increasing from 10 to 30°C. This indicates that the  $P_{\text{aCO}_2}$  response to temperature in each class would enhance the driving force for  $\text{CO}_2$  efflux during maximal activity by increasing the regulated resting  $P_{\text{aCO}_2}$ , but is not sufficient to account for the  $Q_{10}$  during maximal activity.

An interesting intraclass test of the driving force hypothesis can be found in fish, a truly bimodal group (water versus air) in terms of gas exchange. The four obligate air-breathing species of fishes in the summary of Ultsch and Jackson (1996) have a  $P_{\text{aCO}_2}$  of about 3.3 kPa compared with 0.42 kPa for water-breathing fish at equivalent temperatures. We interpret this as the necessity to increase the driving force for  $\text{CO}_2$  efflux when the gas bladder conductance is probably lower than the gill conductance combined with the decrease in  $\text{CO}_2$  capacitance of air compared with water.

From a maximal aerobic metabolic perspective, what might be the effect of interclass variation in the magnitude of the  $P_{\text{aCO}_2}$  response to increased temperature on the capacity to enhance  $\text{O}_2$  delivery and  $\text{CO}_2$  efflux during activity? Based on the data from Fig. 2A, the ratio of interclass  $P_{\text{aCO}_2}$ , at their respective temperatures for  $\dot{V}_{\text{O}_2, \text{max}}$ , between fish (20°C) and amphibians (25°C) is 17.1 and that between amphibians and reptiles is 2.5. The large phylogenetic ratio for  $P_{\text{aCO}_2}$  between fish and amphibians is consistent with the  $Q_{10}$  of 13.4 for  $\dot{V}_{\text{O}_2, \text{max}}$  between fish and amphibians at 20 and 25°C, respectively, and a  $Q_{10}$  of 1.2 for  $\dot{V}_{\text{O}_2, \text{max}}$  between amphibians and reptiles at 25 and 35°C, respectively (Hedrick et al., 2015). The correspondence of  $Q_{10}$  values between  $\dot{V}_{\text{CO}_2, \text{max}}$  and the ratios for interclass  $P_{\text{aCO}_2}$  is consistent with an increase in  $P_{\text{aCO}_2}$  playing a significant role in explaining interclass variation in  $\dot{V}_{\text{CO}_2, \text{max}}$ , unlike the resting condition where increased conductance ( $G_{\text{CO}_2}$ ) appears to provide the increase in resting  $\dot{V}_{\text{CO}_2}$ . As noted above, fishes and amphibians,

increase  $P_{\text{aCO}_2}$  at  $\dot{V}_{\text{O}_2, \text{max}}$  (see Hillman et al., 2013), which would enhance  $\text{CO}_2$  efflux by increasing the driving force for  $P_{\text{CO}_2}$  to a greater extent than our estimates here using resting  $P_{\text{aCO}_2}$ . For reptiles,  $P_{\text{aCO}_2}$  at  $\dot{V}_{\text{O}_2, \text{max}}$  does not appear to increase over resting values (Hillman et al., 2013); thus, our estimates of  $\text{CO}_2$  efflux based on resting  $P_{\text{aCO}_2}$  values for this group are probably more accurate.

These data may also indicate that increasing the  $P_{\text{aCO}_2}$  driving force to increase  $\text{CO}_2$  efflux in vertebrates has limits. For example, increases of  $P_{\text{aCO}_2}$  greater than 5 kPa, which appears to be near the upper limit for reptiles and endotherms, may cause significant changes in pH that potentially compromise protein function, suggesting that endotherms use alternative adaptations such as increased respiratory conductance and ventilatory capacity to achieve the greater fluxes of  $\text{O}_2$  and  $\text{CO}_2$ .

### Enhancing the blood buffering capacity

The increase in  $P_{\text{aCO}_2}$  also leads to increased concentrations of  $\text{HCO}_3^-$  (Ultsch and Jackson, 1996). An increase in  $[\text{HCO}_3^-]$  would increase the buffering capacity of the blood. Lactic acid begins to accumulate in the blood when aerobic power outputs during activity are 50–70% of maximal (Davis et al., 1979; Seeherman et al., 1983; Gleeson and Brackenbury, 1984; Taigen and Beuchat, 1984; Goolish, 1991). Consequently, an added selective advantage of the increase in  $P_{\text{aCO}_2}$  and  $[\text{HCO}_3^-]$  with increased  $\dot{V}_{\text{O}_2, \text{max}}$  is less disruption of pHa during high metabolic power outputs. Malan (2014) has also suggested increased buffering as a benefit of the hypercapnic acidosis associated with hibernation and torpor.

### Regulatory mechanisms

The hypothesis presented here requires a linkage between body temperature and the regulation of ventilation. The regulation of increased  $P_{\text{aCO}_2}$  and reduced ACR with increased temperature implies a receptor linked to ventilation operates to maintain ventilation within narrow limits as temperature changes. It is well known that  $P_{\text{aCO}_2}$  is tightly regulated by the complex interactions of central and peripheral chemoreceptors in vertebrates (Milsom, 2002). A ventilation-mediated mechanism that controls ventilation and, therefore, arterial  $P_{\text{aCO}_2}$  and pHa with changes in temperature provides a convenient negative feedback mechanism. Recent work with bullfrogs (*Lithobates catesbeianus*) and monitor lizards (*Varanus exanthematicus*) has shown the presence of  $\text{CO}_2/\text{pH}$  chemosensitive neurons of the locus coeruleus (LC), a putative ventilatory control region (Santin et al., 2013; Zena et al., 2016). *Lithobates catesbeianus* has been characterized as a typical alaphastat regulator (Reeves, 1972; Santin et al., 2013), whereas *V. exanthematicus* is a pH-stat regulator with little change in pHa over a broad range of temperatures (Zena et al., 2016). In *L. catesbeianus*, cooling increased, and warming decreased, the firing rate of LC chemosensitive neurons (Santin et al., 2013). Moreover, cooling reduced  $\text{CO}_2/\text{pH}$  chemosensitivity in a temperature-dependent fashion; thus, the magnitude of the chemosensitive response was temperature dependent (Santin et al., 2013). By contrast, chemosensitive LC neurons in *V. exanthematicus* increase firing rates with increasing temperature and have a large  $Q_{10}$  effect compared with bullfrog chemosensitive LC neurons (Zena et al., 2016). *Varanus exanthematicus* also have populations of LC neurons that are excited or inhibited by  $\text{CO}_2$  and the proportion of  $\text{CO}_2$ -inhibited neurons increases with cooling (Zena et al., 2016). The finding that populations of  $\text{CO}_2/\text{pH}$  chemosensitive neurons in the LC of bullfrogs and lizards that are modulated by temperature provides a parsimonious explanation for ventilatory regulation of  $P_{\text{aCO}_2}$  and pHa with changes in body temperature.

## Conclusions

We suggest that the pattern of arterial pH and  $P_{aCO_2}$  initially described by Howell et al. (1970) and later interpreted from a solely biochemical structure–function perspective (Reeves, 1972, 1977; White and Somero, 1982) may additionally, or primarily, have its evolutionary basis in the enhancement of systems-level gas transport. Increased temperature increases aerobic demands for  $O_2$  influx and  $CO_2$  efflux both at rest and during activity. The alphastat pattern of hypoventilation relative to aerobic metabolic demand, leading to an increase in  $P_{aCO_2}$  and  $[HCO_3^-]$  and a decline in pH<sub>a</sub>, preserves ventilatory capacity, increases blood buffering capacity and enhances both  $CO_2$  and  $O_2$  fluxes that would be associated with increases in body temperature and activity. We suggest this hypothesis deserves consideration along with potential (as-yet undocumented) imidazole-mediated protein structure–function considerations.

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## Competing interests

The authors declare no competing or financial interests.

## Author contributions

Conceptualization: S.S.H., M.S.H.; Methodology: S.S.H., M.S.H.; Formal analysis: S.S.H., M.S.H.; Writing - original draft: S.S.H., M.S.H.; Writing - review & editing: S.S.H., M.S.H.

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